



Canteen Menu 2020



HOT FOOD (H-HALAL G/F-GLUTEN FREE)

Chicken Tender Wrap-(H) - tortilla, chicken tender, lettuce, cheese and mayo.	\$4.80
Beef Wrap- tortilla, beef patty, lettuce, cheese and tomato sauce.	\$4.80
Fish Wrap- (H) tortilla, fish fillet, lettuce & tartare sauce	\$4.80
Roasted Chicken Wrap-(H) -tortilla, hot roast chicken, lettuce, cheese and mayo.	\$5.00
Chicken Burger-(H) (Homemade) Chicken Patty, lettuce, and mayo.	\$4.80
Cheese Burger- (Homemade) Grilled beef patty, cheese, lettuce and tomato sauce.	\$4.80
Veggie Burger- (H) Vegetable patty, lettuce, tomato, cheese and mayo.	\$4.80
Nacho's- Hot corn chips, tomato salsa and melted cheese	\$4.80
Add Sour Cream	50c
Mash Heads- Creamy mashed potato served with bolognaise sauce and grated cheese.	\$4.80
Beef Lasagne- (Homemade)	\$5.00
Spaghetti Bolognaise- (Homemade) (GLUTEN FREE OPTION)	\$4.80
Chicken Fried Rice – (Homemade) (H)	\$4.50
Macaroni Cheese- (Homemade) (GLUTEN FREE OPTION)	\$4.50
Pizza Slice- Margarita. (Homemade)	\$3.00
Pizza Slice- Hawaiian (Homemade)	\$3.50
Meat Pie (HALAL OPTION NOW AVAILABLE)	\$4.00
Pastie – Vegetable (H)	\$4.00
Sausage Roll (HALAL OPTION NOW AVAILABLE)	\$3.50
Spinach & Ricotta Roll	\$4.00
Party Pie	\$1.20
Hot Dog	\$3.50
Puppy dog- ½ a hotdog	\$2.30
Tomato Sauce extra	25c
BBQ Sauce extra	25c
Mustard extra	25c
Cheese extra	30c
Chicken Nuggets (H) - (3 per serve)	\$2.50
Potato Wedges Box	\$3.00
Add Sour Cream	50c
Add Sweet Chilly Sauce	30c
Dim Sims (2 per serve) steamed. Soy Sauce - optional	\$2.00
Steamed Pork & Vegetable Dumpling (3 per serve)	\$2.50
Corn cobettes	\$1.00
Noodle Cup- Chicken/ Beef	\$3.00
Noodle Cup – Gluten Free – Chicken	\$3.50
Tomato Sauce	25c

WRAPS / SANDWICHES

WHOLEMEAL, WHITE or MULTIGRAIN BREAD

	Sandwich	Wrap/Roll
*SALAD-lettuce, cucumber, tomato, beetroot & carrot	\$4.50	\$5.00
*Cheese & Salad	\$5.00	\$5.50
*Meat and Salad – (Chicken/Ham/Salami/Tuna)	\$5.00	\$5.50
*Egg, Lettuce and mayo.	\$4.50	\$5.00
*Roast Chicken, lettuce and mayo. (H)	\$5.00	\$5.50
	Toasted	
*Ham and Cheese	\$3.50	\$3.90
*Tomato and Cheese	\$3.30	\$3.70
*Cheese	\$2.80	\$3.20
*Spaghetti or Baked bean jaffle	\$3.20	
*Ham	\$3.20	
*Vegemite & Cheese	\$3.00	\$3.40
*Vegemite	\$2.50	
*Jam	\$2.50	

Extra Fillings 50c / Mayonnaise 30c

SALADS

Salad Plate – Lettuce, tomato, carrot, cucumber & beetroot with 1 item of: Chicken / Ham/ Egg /Tuna or Chicken tender.	\$5.50
Extras: Hard Boiled Egg	\$1.00
Cheese	\$0.50

SNACKS, DRINKS & FROZEN FOOD

Hot Chocolate	\$1.20
Homemade Muffin- Choc Chip	\$1.00
Chips – Honey Soy / Salt N Vinegar/ Sea Salt	\$1.30
JJ Snacks - Chicken / Pizza / Burger / Salt N Vinegar	\$1.50
Mamme Noodle Snack – Chicken	\$1.00
Popcorn – Butter / Cheese / Salt N Vinegar	\$1.20
Minke Slushies – Apple Juice Based	\$2.00
Frozen Yoghurt-Strawberry	\$2.00
Paddle Pop- Chocolate & Rainbow	\$1.50
Ice cream cup	\$1.50
Icy pole – Icy Twist	\$1.30
Calippo- Mini Raspberry	\$1.30
Moosies – Choc/ Strawb/ Blue Moon	\$1.30
Zing – Creamy Yoghurt / Sour	\$1.00
Frozen Juice Cup	\$1.00
Frozen Fruit – Fruit in Season (Pineapple / Watermelon)	\$0.50
Jelly Cup	\$1.00
Flavoured Milk- Chocolate & Strawberry	\$2.20
Quench- sparkling fruity spring water	\$2.00
Focus- sports water	\$2.20
Juice Box- Apple/ Orange / Apple Blackcurrant	\$2.00
Water 500ml	\$1.00